

SPA SAFFIRE'S TREATMENT PROGRAMS

Following your Spa Saffire consultation your therapist will prepare a spa program of treatments and therapies to perfectly reflect your personal needs and preferences. Please review some of the gems here as examples – there may be some you simply can't resist.

SPA SAFFIRE RELAXATION

Begin with a long therapeutic soak and luxurious scalp massage, add your prescribed body treatment or massage, and finish with your choice of a Jewel Deluxe or Prescribed Premium Facial. Perfect.

SPA SAFFIRE RESTORATION

Combine your Prescribed Premium Facial with a superb body scrub within the steam sanctum, or hot towel cocoon. Follow with an exquisite Hazards Hot Stones or prescribed massage. Add to that a scalp massage and foot treatment and you are in bliss. If you can only fit in one treatment package during your stay, this is it.

SPA SAFFIRE TRANSFORMATION

Start with a relaxing steam or bath, followed by a restoring, selected or prescribed body treatment or massage, with a divine scalp massage and foot treatment. Add a prescribed Jewel Deluxe or Premium Facial, with your choice of a St. Tropez body tan application, finishing Becca make-up and hair blow-dry and/or Spa Ritual manicure and pedicure. With stimulating Spa Cuisine to maintain you along the way.

SPA SAFFIRE DUAL RENEWAL

Luxuriate with time out together in our beautiful dual treatment suite. Enjoy a delightful couple's bath before retiring to your individual therapy couches to enjoy your personally selected or prescribed program of treatments.

THE SAFFIRE JEWEL COLLECTION

THE SAPPHIRE RITUAL - MORE THAN A FACIAL ... A SENSUAL THERAPEUTIC JOURNEY

The sapphire is the symbol of wisdom. Its gift, clarity. With pure blue corundum sapphires balancing your energy field, your senses will be delighted and your soul gently nurtured throughout a facial designed to remind your skin of its own cellular wisdom and natural luminosity. Warm oil glides tension from your shoulders before chromatic light therapy stimulates your collagen, reducing the signs of ageing. Precious cosmeceuticals perfect your under-eye colour and contours, while your feet delight in a nurturing massage. And while your skin restructures, lifts and firms; your hands release their tension under your therapist's skilled manipulations. The result: a luminous lift for your skin, your soul and your smile.

THE GOLD STEM FACIAL

Gold as a secret beautification ingredient has traditionally been available only to the privileged few. In a world first, DL's Gold Stem facial combines gold particle nano-technology with advanced stem cell

technology to deliver an outstanding instant restoring and lifting effect. A truly opulent and luxurious dermo-cosmeceutical treatment.

THE DIAMOND FACIAL

This intensive anti-ageing facial utilises the famous Natura Bisse Diamond formula to lift and firm with triple exfoliation, Super ATP energy infusion for cell receptor stimulation and marine DNA infusion for cell repair. Tightens and clarifies while beautifully enhancing your skin's luminosity.

YOUR PRESCRIPTION FACIAL

Our skilled therapists will discuss the most suitable facial for your skin for optimal results, drawing from an impressive selection including: The Natura Bisse Cure, True Blush for sensitive skin, the DL Deluxe Lift and the Bespoke Man. Your therapist may also recommend that Anti-Ageing Light Therapy be added to your facial protocol. Home care available.

FOR YOUR BODY

THE SAFFIRE EXPERIENCE

A stimulating body brush and body scrub exfoliates and stimulates lymphatic flow. You and your skin are nourished by a warmed balm body application before being wrapped in silken sheets, or immersed in the steam sanctum, to deeply hydrate, with a divine scalp massage. Then the key element – a highly therapeutic lymphatic drainage massage detoxifies and refines your contours. Finish with Saffire's unique Sapphire Dust body crème to nourish skin, clarify and balance chakras.

THE DIAMOND MAGNETIC RITUAL

From the famous Natura Bisse Diamond collection this luxurious body ritual helps to eliminate the effects of daily environmental aggressions. To begin, your chakras are energetically balanced, before you are enveloped in the exquisite energy of the Diamond magnotherapy luminous mask. Enjoy a soothing massage before magnetic gloves whisk away the mineral dust and undesirable residues. A multi-sensory anti-ageing experience for your ultimate wellbeing and skin beautification.

DL DIORITI VOLCANIC BODY SHAPER

Let the unique self-heating Volcanic black magma work its anti-cellulite magic as powerful thermal mineral energy releases to refine body contours and to firm and tighten the skin. Melt into relaxation within the steam sanctum and luxuriate in this treatment experience while serious cosmeceuticals and rare ingredients ease muscular tension, increase circulation and produce excellent body contouring results.

THE LATIN BODY SCULPT BY VAGHEGGI

The herbs that have kept Latin curves beautiful for generations are combined within this gentle detoxifying treatment. Your body is cleansed with the aromatic herbal sachets and your skin refined before being nourished with luxurious rehydrating oils and butters. You are then wrapped in silken sheets while you enjoy a soothing scalp massage. Restoring for body and soul, this soothing treatment is even safe during pregnancy.

BAMBOO BODY SCRUB

A divine body scrub by Natura Bisse, resulting in refined skin and a gentle glow. To be enjoyed as a stand-alone body exfoliation, before a St Tropez tan application, or prior to your selected or prescribed massage, with or without a bathe or steam.

THE HAZARDS RESTORATION

The profound allure of the Hazards Mountains is intimately experienced with the deeply renewing Hazards Hot Stone Massage. The hot stones are superbly handcrafted from pink granite, the unique stone making up the Hazards mountain range.

For Her: Relaxing heated stones massage with a nurturing facial

For Him: Relaxing heated stones massage with a foot and scalp massage

BESPOKE MASSAGE

Our therapists specialise in some of the world's leading healing modalities. Discuss your needs and preferences for a massage or bodywork, physical and/or energetic, which will relax, renew and target specific areas of concern. Your therapists' modalities include: remedial, relaxation, pregnancy, reflexology, aromatherapy, Bowen Therapy, Hazards Hot Stone Massage, TCM Cupping and Acupressure.

GROOMING EXCELLENCE

When you are travelling we understand you want to look your best. Our therapists are pleased to assist you with hair removal, tinting, manicures and pedicures, make-up, tanning, sun protection and hair care.

For further media details please contact:

Renee Lynch, Klick Communications +612 8353 7107

renee@klick.com.au